

## Alaska Cup Points

### Alaska Cup Totals after Three Races

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
New England	67	216	84	235	125	81	808	1
Rocky Mountain	155	106	125	83	90	195	754	2
Alaska	130	84	93	152	70	185	714	3
Intermountain	124	110	92	67	144	70	607	4
Midwest	74	62	141	71	139	113	600	5
Pacific Northwest	83	81	127	0	42	0	333	6
Far West	45	10	22	55	2	17	151	7
Middle Atlantic	0	15	0	21	72	8	116	8
Great Lakes	6	0	0	0	0	15	21	9
High Plains	0	0	0	0	0	0	0	10
	684	684	684	684	684	684	4104	

### 5k / 10k Classic (Tuesday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	52	39	68	62	34	60	315	5
Far West	0	0	0	19	0	0	19	6
Great Lakes	0		0	0	0	0	0	10
High Plains	0	0	0	0		0	0	9
Intermountain	53	14	1	28	44	32	172	4
Mid-Atlantic	0	0	0	0	14	0	14	8
Midwest	22	11	13	4	36	26	112	2
New England	26	82	32	85	45	26	296	1
Pacific Northwest	21	24	39	0	12	0	96	7
Rocky Mountain	54	58	75	30	43	84	344	3
	228	228	228	228	228	228	1368	

### Freestyle Sprints (Wednesday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	37	45	9	23	24	56	194	3
Far West	25	1	1	20	2	17	66	6
Great Lakes	6		0	0	0	15	21	9
High Plains	0	0	0	0		0	0	10
Intermountain	58	61	60	17	47	16	259	4
Mid-Atlantic	0	9	0	12	30	0	51	8
Midwest	20	8	56	44	45	29	202	2
New England	15	54	37	97	32	29	264	1
Pacific Northwest	42	39	44	0	1	0	126	7
Rocky Mountain	25	11	21	15	47	66	185	5
	228	228	228	228	228	228	1368	

# Alaska Cup Points

## 5k / 10k /15k Free Mass Start (Friday)

Division	FU16 Points	MU16 Points	FU18 Points	MU18 Points	FU20 Points	MU20 Points	Total	Rank
Alaska	41	0	16	67	12	69	205	5
Far West	20	9	21	16	0	0	66	6
Great Lakes	0		0	0	0	0	0	10
High Plains	0	0	0	0		0	0	9
Intermountain	13	35	31	22	53	22	176	3
Mid-Atlantic	0	6	0	9	28	8	51	8
Midwest	32	43	72	23	58	58	286	2
New England	26	80	15	53	48	26	248	1
Pacific Northwest	20	18	44	0	29	0	111	7
Rocky Mountain	76	37	29	38	0	45	225	4
	228	228	228	228	228	228	1368	